



# Compression Therapy Guide

| 8-15mmHg<br>[Mild Compression]  | 15-20 mmHg<br>[Moderate Compression]  | 20-30 mmHg<br>[Firm Compression]  | 30-40 mmHg<br>[Extra Firm Compression]  |
|---|---|---|---|
| Provides relief and minimizes tired and achy legs.                          | For the prevention and relief of minor to moderate varicose and spider veins.                             | Helps prevent and relieve moderate to severe varicose veins (also during pregnancy).                              | Helps prevent and relieve severe varicose veins.  |
| Prevents fatigued legs from long periods of sitting or standing.            | Helps relieve tired, aching legs, and minor swelling of feet, ankles, and legs.                           | For post-surgical and post-sclerotherapy treatment to help prevent the reappearance of varicose and spider veins. | Used in the treatment of severe edema and lymphedema.   |
| Helps relieve minor swelling of feet, ankles, and legs.                     | During pregnancy, helps prevent varicose veins and spider veins   | Helps in treatment of moderate to severe edema or lymphatic edema.  | Used in post-surgical and post-sclerotherapy treatment to help prevent the reappearance of varicose and spider veins. |
| During pregnancy, helps prevent the formation of varicose and spider veins. | Helps prevent deep vein thrombosis (DVT), also known as economy class syndrome.                           | Helps with the management of active ulcers and manifestations of post-thrombotic syndrome (PTS).                  | Helps reduce symptoms of Orthostatic Hypotension and Postural Hypotension   |
| Helps maintain healthy, energized legs.                                     | Used in post-sclerotherapy treatment to help prevent the reappearance of varicose veins and spider veins. | Helps relieve superficial thrombophlebitis.   | For the management of Venous Ulcers and manifestations of Post-Thrombotic Syndrome (PTS).                             |
|   | Ideal compression level used for those traveling long distances.  | Helps prevent orthostatic hypotension (sudden fall in blood pressure when standing).                              | Prevents deep vein thrombosis (DVT), also known as economy class syndrome.  |
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